

KEMPSEY HIGH SCHOOL NEWSLETTER



Issue 4, Term 2 2016

PO Box 3268 West Kempsey NSW 2440

Phone 65 626166 Fax 65628570

Email kempsey-h.school@det.nsw.edu.au

Website: www.kempsey-h.schools.nsw.edu.au

Leadership Training Voted A Success



Student leaders from the Macleay Public Schools came together recently at Melville High for Leadership workshops. A diverse and fun program was put together by the student leaders from Melville and Kempsey high schools which featured opportunities to learn about public speaking, goal setting and team work – both as a leader and as a member of a team. The most popular activity according to the primary student leaders was the simulated student council meeting which usually brings lots of laughs while teaching a serious message about teamwork and communication.



**Crescent Head
COUNTRY CLUB
PRESENTS**



**WHO WILL BE THE
2016 "CRESO"
Karaoke
STAR!**

1st Prize. \$1,000 Cash

**2 Heats - 7.30pm
9th & 16th July
Grandfinal - 23rd July - 7.30pm!**

Grand Final Prizes!
1st - \$1,000
2nd - \$500
3rd - \$300
Plus Heat Prizes!

Must be 13 years or over to enter.....Ph: 65 660268 for more information!



2016 Calendar

June

Tuesday 7th.	Knights Knockout 14s & 16s Rugby League
Thursday 9th.	Ag students to Farrar Ag High School Ag Careers
Friday 10th	Zone Athletics
Monday 13th	Queens Birthday Holiday
Friday 17th	Regional Cross Country
Tuesday 21st.	Dance Festival Day 1
Tuesday 21st. To Saturday 25th.	Senior Agriculture Outback Tour
Wednesday 22nd.	Clontarf Academy Info. Afternoon Tea 4pm
Thursday 23rd.	Dance Festival Day 2
Friday 24th. and Saturday 25th.	Year 12 Physics Expfest
Tuesday 28th	NAIDOC Assembly
Wednesday 29th.	Parent—Teacher Night

July

Monday 18th.	School Development Day (for staff)
Tuesday 19th.	All students return for Term 3.
Wednesday 27th. To Sunday 31st.	Matsushige (Japan) homestay visit.

September

Friday 23rd.	End of Term 3
--------------	---------------

October

Monday 10th.	Years 7-11 return for Term 4
--------------	------------------------------

December

Friday 16th.	Last Day Term 4 for students.
Monday 19th. & Tuesday 20th.	School Development Days (for staff).

Understanding Adolescence —how to support your young person through adolescence

Many parents and other adults supporting young people through adolescence are unsure what is 'normal adolescence', when to worry, and how to help. Join our next online Group Chat session to raise your questions and discuss the issue.

- *Our group chat sessions respond to your own questions and concerns*
- *We have resources to send*
- *Our sessions are staffed by eheadspace clinicians and supported by our youth reference and family and friends advisory groups*
- *On the day we will explain a little more about how it works*
- *Some people prefer to read the questions and responses from others*

Thursday 9 June 2016 12pm-1pm

To join, go to

<https://www.eheadspace.org.au/get-help/eheadspace-live-info-session/>

Phone 1800 650 890

Mission Australia's 2016 Youth Survey

This annual online survey aims to identify the values and issues of concern for youth aged 15 to 19 years. The survey closes on 31st. July 2016. The survey can be completed online at www.missionaustralia.com.au/

Year 12

Career & Transition Interviews

In the week beginning 13th. June 2016
Parents invited.

Phone Mr Rix on 6562 6166

North Coast Bowls Champions



The Kempsey High School Bowls team won the North Coast final by one bowl last fortnight against most worthy opponents, Woolgoolga High. In a nail-biting lead up to the final end, Kempsey High trailed by five points. In the last three ends the team picked up a four, a one and with the score at 19 all on the last end picked up one to win the final. It was a sweet victory for the Kempsey High team. Last year they lost the North Coast final to Coffs Harbour Senior College which had a narrow win over Woolgoolga High to get to the 2015 final. The team of Lachlan Cooper, Cody Griffin and Ben Wynter are now preparing for the NSW Combined High Schools State Final 16 Knockout Lawn Bowls playoffs to be held at Blacktown in mid June. The team will be getting some expert guidance from coaches at the Kempsey Heights Bowling Club in the coming weeks.

**Learning
Express
Tuition**

Maths
* Reading
* Spelling
* English
Other subjects by request

Gifted, Struggling or "In-between"
Primary or Secondary - (Adults by request)

Call
Sharon

6562 2850
0429 695 620

www.learningexpress.com.au
sharon@learningexpress.com.au



Public Education Foundation Essay Competition

Applications are now open for the Public Education Foundation's Inaugural Essay Competition: "Why A Good Public Education System Matters in Modern Australia"

The Competition is open to **NSW Year 11 students** who attend public schools. Students need to write a 400 word essay on Why a Good Public Education System Matters in Modern Australia.

The winning entry will receive a \$1,000 scholarship from the Foundation to support their education expenses.

Entries close on Monday 4 July 2016.

Careers

Available from the Careers Teacher Mr Rix:
University Entry Requirements 2019 for Year 10 students.

My UAC is a mobile app which can be used to search courses, change university course preferences, view your ATAR and check university offers. See www.uac.edu.au

Advice for HSC students about examinations has been updated on the Students Online website to include important information about the 2016 HSC examinations.

It covers a range of topics including revised syllabuses, changes to specifications and courses where personalised answer booklets are being introduced.



Deputy Principal, Mrs Denese Kennedy is currently holidaying in Europe. She and her husband Jim paid a visit to Kempsey, England from where Kempsey got it's name.

Learning About Midwifery

a fantastic opportunity for our students



Kempsey High students recently participated in a hands-on workshop at Kempsey District Hospital coordinated by the Nurse Education Unit Manager and midwifery educators. The senior students were able to work with both highly experienced nursing educators and recently graduated midwives to gain valuable insights into this career and explore first hand the entry requirements and personal requirements to work effectively in this specialised field.

Students had access to a clinical nursing space which was temporarily fitted with a state-of-the-art birth simulator and lifesize infant manikin with a computerized graphical user interface. SimMum and SimBaby allowed the instructor to control scenarios to develop skills and knowledge for training in pre- to post-natal care and birth management. SimBaby can be very effectively used to teach clinical and decision-making skills during realistic patient care scenarios.

Kempsey High would like to acknowledge the efforts of the nursing educators and midwifery staff at Kempsey Hospital that brought this workshop together and made this fantastic opportunity possible.

Model United Nations Assembly



Kempsey High School hosted the Rotary District 9650 Model United Nations Assembly last fortnight. Thirty-four teams of students from eighteen high schools from as far away as Inverell and Quirindi made the weekend trek to the Macleay. The students were billeted by local families including our own students and parents. The weekend started with Theatre Sports on Friday evening which was prepared and run by Mr Chris Austin and Mr Rob McAulay (pictured above). The Saturday and Sunday assembly involved the teams debating motions about world affairs by the student delegates representing the 34 nations. Numerous students from Kempsey High were also involved. Sarah Honess and Jessica Baker with their adviser Ms Hoffman represented New Zealand and several students including Jack Powick and Jessie Perrin assisted behind the scenes.

Picture: In this hilarious play, visiting students (with Mr Austin in the background) had the students and staff in stitches. The students were given the bare bones of a plot and without preparation came together to present their interpretation of the plot from the American Wild West. In this presentation, a student plays a mother mixing up the ingredients for a pie (fairly unhealthy pie as it turns out) which is eaten by her son. A doctor and policeman become involved when the son's death is reported reluctantly by Mum with the words: "it's just his nerves".

Science and Technology Challenge



350 high school students and 170 primary students from 25 schools were hosted by Kempsey High School last month for the 17th. Science and Technology Challenge run in conjunction with the Rotary Club of Kempsey West and the University of Newcastle. The challenge has spread to several countries overseas and numerous venues throughout Australia and aims to lift student participation in Science and Technology. Apart from competing in the challenge, a score of students volunteered their time to assist with running the challenge activities alongside the Rotary volunteers, university science students and volunteers from Engineers Australia.

**Hermitage
Dental**
Kempsey



**Dr. Bruce Coleman
Dr. Damian
McIlroy
Dr. Euan Brown
Dr. Lara Stuttard
Suelle Coy
Lindi Gill**

We provide bulk billing under the new Child Dental Benefit Schedule which your child may be eligible for. We have experienced staff who can offer dental health education and advice to suit your Childs individual needs

10 Kemp Street

West Kempsey

65623252

UNE Booster Program Extends Year 12



Six Year 12 students accompanied by Ms Hoffman attended the HSC Booster Program hosted by the University of New England last fortnight. The program enabled the students to receive tuition from university teachers and extend their understanding in a variety of courses. The live-in three day program also gave the students an excellent insight into university life. They came away much more aware of the quality of the facilities and the support available to students. It enabled students to put themselves in the university scene and see possible future further education and career pathways. Thanks to UNE for a great program.

* Sales
* Service
* Tuition

71 A Tozer Street

West Kempsey

(02) 6562 7100

lindsay@noanswers.com

